



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YMCA CAMP CAMPBELL GARD PACKING LIST FOR A 2 NIGHT TRIP

## What to pack in

Mesh laundry bags or soft duffle bags (clothing and bedding)

\*please no hard luggage or luggage with wheels. All bedding and clothing goes through a heating treatment to insure CCG stays a bed bug free facility. See additional treatment information or contact camp for more information

Additional bag (things that cannot be heated)

## Clothing

2 or 3 shirts  
2 or 3 pairs of pants  
2 or 3 pair of underwear  
2 or 3 pair of socks (any maybe more - just in case!)  
Warm jacket  
Raincoat or poncho

## Shoes

1 pair extra shoes in case of mud or rain  
Rubber/Hiking boots  
Shower Shoes

## Toiletries

Toothbrush & toothpaste  
Soap, shampoo, deodorant, etc.  
Towel  
Water Bottle

## Bedding

Sleeping bag or set of sheet and blankets  
Pillow

## Cold Weather Extras

Heavy coat  
Extra shirts, sweaters or sweatshirts  
Warm hat (that covers ears)  
Warm gloves or mittens  
Extra Socks  
Long underwear or extra pajamas (to use as long underwear)

## Optional

Slippers  
Disposable Camera  
Reading Material, paper, pencil  
Sunscreen  
Bug Spray

**PLEASE DO NOT BRING:** Gum, Food, Expensive cameras, Camcorders, Cell Phone, Knives, Radios, Hairdryers, handheld video games, ipods, money or anything of value in case of theft or loss.

We recommend labeling personal items with the camper's name so we can return lost and found items to the correct owner.



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